



ELISA MARIA WESTERHOF

Student at Dubai College

Profile

I am a Year 13 student at Dubai College with a strong passion for Science and Medicine. I am currently studying four A-levels: Chemistry, Biology, Mathematics and Physics. My interest in Medicine was sparked when I learned about Hypertrophic Cardiomyopathy, leading cause of sudden cardiac arrest in young athletes. Being an athlete myself, I have been deeply committed to understanding medical science and ways to resolve such issues in healthcare. This passion has driven me to pursue several opportunities to enhance my knowledge, such as participating in medical courses, work experience and conferences related to Cardiology, Neuroscience and Genetics.

EXPERIENCE

- American Hospital Dubai Observership Work Experience in Cardiology, Neurosurgery, Pediatrics
 - Ambassador at the "Aspiring Medics & Scientists Conference" in March 2024
 - Led suturing workshops at the Medical Society in school
 - Attended Middle East Heart Failure Conference, Gulf Interventional Society Heart Valve conference, Dubai Stem Cell Conference
 - Completed a Medicine web class on Diabetes conducted by the University of Groningen
 - Research internship with UCL-based researchers
- ### SPORTS - Figure Skating
- UAE National Champion
 - Competing internationally in figure skating for the UAE during the 2023-2024 Junior Grand Prix season in Thailand and Japan

MEDICAL SUMMER PROGRAMS IN 2024

- Medical Summer Program at Kings College London
- Columbia University Pre-College Program 'Neurobiology of Learning and Memory'
- Stanford Pre-Collegiate Summer Institute in 'Investigations in Genetics'
- Oxford Royale 'Curing the Future: Medicine & Disease' (awarded A* with best student award)

MUSIC & ARTS


Piano - Grade 8 ABRSM with distinction
Singing - Grade 6 Trinity with distinction

- YMOG Choir runner up (2022), Strings Piano Flute school Ensemble (piano)

LAMDA - grade 7 distinction

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 Dubai, United Arab Emirates

EDUCATION

DUBAI COLLEGE (2020-2024)

- Year 13 (studying Chemistry, Biology, Physics, Maths A Levels)
 - EPQ - 'To what extent should athletes with Hypertrophic Cardiomyopathy engage in exercise?'
- GCSEs (12 subjects):
 - Pearson Edexcel High Achievers award
 - Top grades in English Language, Chemistry, Biology, Physics, PE, Economics, English Literature, Mathematics, Further Mathematics, Music

Academic Achievements

UKMT Intermediate - Gold
Royal Society of Chemistry - Bronze
British Physics Olympiad - Silver

Duke of Edinburgh

Completed Bronze & Silver,
Gold in progress

Languages

English, Dutch, Russian
Basic Arabic & Spanish

SKILLS

Teamwork, Creativity,
Communication



ELISA MARIA WESTERHOF

Figure Skater / Musician



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Dubai, UAE

ABOUT ME

Figure skater with a passion for Music

MUSIC

Singing

ABRSM Singing for Musical April 2023 - Present

Theatre Grade 8 (In progress)

Repertoire: "I'd Give My Life For You" From Miss Saigon, "Empty Chairs At Empty Tables" From Les Misérables, "What Baking Can Do" from Waitress, "My Once Upon a Time" from Descendants 3

- Solo singing at Dubai College Senior Concert, audience of 150+

Trinity College London Vocals May 2021 - Jan 2023

Rock and Pop Grade 6 -

Distinction

Repertoire: "Skyfall" by Adele, "Gold Lion" by Yeah Yeah Yeahs, "Nothing Compares 2 U" by Sinéad O'Connor

Dubai College Choir YMOG Runner-Up 2022

- Young Musician of the Gulf Finalist, Runner Up
- Repertoire: "Seal Lullaby" by Whitacer

Dubai College Nothing But Treble Choir 2021-2023

- Winter Concert audience of 950+
- some other concerts???

JESS Chamber Choir YMOG Runner-Up 2021-2023

- Young Musician of the Gulf Runner Up, March 2019
 - Performed at the Dubai Opera House for the final
- Repertoire: "Double, Double" from Harry Potter

Piano

ABRSM Piano Grade 8 - Distinction June 2021

Repertoire: "Prelude and Fugue in G" by J. S. Bach, "Nocturne No. 20 in C# minor" by Chopin, "Novelette in E minor" by Poulenc, "Toccata" by Khachaturian

Strings Piano Flute School Ensemble Apr - Sept 2022

Repertoire: "Sheep May Safely Graze" by J. S. Bach, "Salut d'amor" by Edward Elgar

Violin

School Strings Ensemble 2021-2023

- Music and Minced Pies, Winter Concert, audience of 300+

LEADERSHIP & VOLUNTEERING

Liaison at school 2023-Present

Helping lower school students navigate school by leading weekly session with the class.

HCM Awareness Campaign February 2024

Raising awareness about Hypertrophic cardiomyopathy at School and the Dubai Mall Ice Rink

Helping to teach young children to skate 2021-2024

FIGURE SKATING - SINGLES

UAE National Champion 2022, 2023, 2024

International Skating Union 2023/2024
Junior Grand Prix

Representing the UAE Internationally, competing with the best skaters from across the world. Streamed on Asian TV channels and online, audience of 100,000+

- **ISU JGP Bangkok, Thailand** (23-26 August 2023) - 27 countries represented, [watch here](#)
- **ISU JGP Osaka, Japan** (13-16 September 2023) - 30 countries represented, [watch here](#)

Emirates National Bank of November 2023
Dubai Commercial

4 Million views on YouTube, Watch [here](#)

Sofitel Hotel Commercial December 2022

183,000+ plays on Instagram, watch [here](#)

Abu Dhabi Classic March 2023, 2024

UAE Winner

Skate Emirates May 2022

1st Place

Skate Emirates April 2022

4th April

KNSB Cup Netherlands December 2021

Skate Abu Dhabi February 2020

1st Place

KNSB A Final March 2019

1st Place

Spring On Ice Netherlands April 2018

2nd Place

DRAMA

London Academy of Music and Dramatic Art (LAMDA) April 2023 - April 2024
Grade 7 - Distinction

Pieces: "The Casket Comedy" by Titus Maccius Plautus, "The Importance of Being Earnest" by Oscar Wilde, "One for Sorrow" by Cordelia Lynn

FAME School Musical April 2021 - April 2022
Production

Core Ensemble Dancer

- Performed for 3 nights
- Audience of 950+ each night